

Summary of Treatments for Common, Uncomplicated Conditions	
Medical Concern	Dose Initiation and Titration
Chlamydia	Doxycycline 100 mg BID for seven days
Contraception	Medroxyprogesterone acetate 150 mg IM every three months; contraceptive implant (Nexplanon) lasts three years
Gonorrhea	Ceftriaxone 500 mg IM one time only
Hyperlipidemia	High intensity: atorvastatin 40–80 mg nightly Moderate intensity: atorvastatin 10–20 mg nightly
Hypothyroidism	Age <50: levothyroxine 100–125 mcg/day Age ≥50: levothyroxine 25–50 mcg/day
Obesity	Option 1: Initiate metformin 500 mg daily, titrating to 1000 mg BID Option 2: Initiate orlistat 60 mg TID
Primary hypertension	White patients: Initiate lisinopril 10–40 mg daily Black patients: Initiate hydrochlorothiazide or chlorthalidone 12.5–25 mg daily
Uncomplicated UTI	One double-strength TMP-SMX tablet BID for three days

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