

Tricyclic Antidepressants			
	Medication	Unique Features	Dosing
Tertiary Amines	Amitriptyline	Highest anticholinergic burden, high sedation	Start 25–50 mg QHS, target 150–300 mg/day
	Clomipramine	Best for OCD, most serotonergic	Start 25 mg/day, target 150–250 mg/day
	Doxepin	Most sedating and antihistaminergic	Start 25–75 mg QHS, target 150–300 mg/day (for insomnia, 3–6 mg HS)
	Imipramine	Best studied for panic disorder and anxious depression	Start 25–50 mg/day, target 150–300 mg/day
Secondary Amines	Desipramine	Strongest norepinephrine effects, lowest anticholinergic burden, low risk of sedation	Start 25–50 mg/day, target 75–300 mg/day
	Nortriptyline	Lowest risk of orthostasis and weight gain; in combination with lithium is a good strategy to maintain recovery after ECT	Start 25–50 mg/day, target 50–150 mg/day
	Protriptyline	Least sedating and may be activating	Start 5–10 mg/day, target 15–60 mg/day

Sources: Goldberg JF and Stahl SM, Practical Pharmacology, 2021; Kaplan & Sadock's Comprehensive Textbook of Psychiatry, 2017.

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