

Dosing Alpha-2 Agonists for ADHD in Adults	
Guanfacine	Start 1 mg every morning, then increase by 1 mg/day every 1–4 weeks up to 6 mg/day max. If daytime side effects are an issue, divide the dose BID or prescribe at bedtime.
Clonidine	Start 0.1 mg daily, then increase by 0.1 mg/day every 1–4 weeks up to 0.6 mg/day max. Divide the dose BID and, if indicated, prescribe a higher dose in the evening to avoid daytime side effects.
When converting from IR to ER, raise the daily dose by about 30%.	

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