## A CARLAT PSYCHIATRY REFERENCE TABLE

The SSRIs Ranked		
	Escitalopram	Doesn't cause CYP drug interactions but can fall victim to them. Approved in children down to age 12.
First Line	Fluoxetine	Relatively low risk of withdrawal symptoms and weight gain. Only SSRI with approval in bulimia. Best-studied SSRI in children. High risk of drug interactions.
	Sertraline	Favored in cardiac disease and pregnancy. Few drug interactions below 150 mg/day.
Second Line	Citalopram	Highest risk of QTc prolongation. Low risk of CYP drug interactions. Dose capped to 20 mg/day in patients over age 60.
	Fluvoxamine	Indicated only in OCD (in children and adults). High risk of drug interactions. Second worst for withdrawal problems.
	Paroxetine	Highest risk of withdrawal problems, fatigue, sexual dysfunction, weight gain, cognitive impairment, suicidality in children, and birth defects. Strong CYP2D6 drug interactions.

From the Clinical Update:
"How to Select an SSRI"
by Chris Aiken, MD

The Carlat Psychiatry Report, Volume 18, Number 11 & 12, November/December 2020 www.thecarlatreport.com