

Good Candidates for L-Methylfolate
MTHFR mutation at C677T
Obesity (BMI \geq 30)
Pregnancy and lactation
Eating disorders
Renal failure and GI disease
Poor nutrition
Alcohol use disorders
Smoking
Concomitant medications (eg, lamotrigine, valproate, carbamazepine, phenytoin, fluoxetine, oral contraceptives, methotrexate, metformin, sulfasalazine, warfarin, and triamterene)

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