

Converting Methylphenidate: A Precise Tool

	Ritalin Daily	Concerta	Cotempla XR	Jornay PM	Focalin
Daily Dose	40 mg	48 mg	34.4 mg	52 mg	20 mg
Conversion Factor	n/a	Ritalin x1.2	Ritalin x0.86	Ritalin x1.35	Ritalin x0.5

From the Article:
“New Stimulants: From Remixed Amphetamines to Bedtime Ritalin”
The Carlat Psychiatry Report, Volume 16, Number 11&12, November/December 2018
www.thecarlatreport.com