

## CRAFFT Screening Tool

The CRAFFT screening tool is used to determine substance use disorders in children ages 12–18. Endorsed by the American Academy of Pediatrics, it is based on 6 questions for adolescents designed to simultaneously assess high risk alcohol and other drug use disorders. Developers of the tool (John R. Knight, MD, and colleagues) came up with the following questions based on the **CRAFFT** acronym:

- C:** Have you ever ridden in a **CAR** driven by someone (including yourself) who was high or had been using alcohol or drugs?
- R:** Do you ever use alcohol or drugs to **RELAX**, feel better about yourself, or fit in?
- A:** Do you ever use alcohol/drugs while you are by yourself, **ALONE**?
- F:** Do you ever **FORGET** things you did while using alcohol or drugs?
- F:** Do your family or **FRIENDS** ever tell you that you should cut down on your drinking or drug use?
- T:** Have you gotten into **TROUBLE** while you were using alcohol or drugs?

Screening using the CRAFFT tool begins by asking the adolescent, “Please answer these questions honestly.” In addition, provide assurance that the adolescent’s answers will be kept confidential.

**A pocket card with the CRAFFT questions is available at:**  
<http://crafft.org/get-the-crafft/#cards>

**CRAFFT is available in several languages at:**  
<http://crafft.org/get-the-crafft/>