

Name _____ MR # _____ Date _____ Updated _____

Start in the “ever taken” column by marking the treatments you have received in your lifetime. Complete the rest of the questions for each marked treatment. *This information is important as it will help us determine the course of action in treating your symptoms.*

	Medication	Ever taken?	Last taken? (month/year)	Taken as directed for >6 weeks?	Highest dose/level	Did it help?		Side effects? What?
						Yes	No	
SSRI	Fluoxetine (Prozac)							
	Paroxetine (Paxil)							
	Sertraline (Zoloft)							
	Citalopram (Celexa)							
	Escitalopram (Lexapro)							
	Fluvoxamine (Luvox)							
SNRI	Duloxetine (Cymbalta)							
	Venlafaxine (Effexor)							
	Desvenlafaxine (Pristiq)							
	Milnacipram (Savella)							
	Levomilnacipram (Fetzima)							
Other	Vilazodone (Viibryd)							
	Vortioxetine (Brintellix)							
	Bupropion (Wellbutrin)							
	Mirtazapine (Remeron)							
	Nefazodone (Serzone)							
	Trazodone (Desyrel)							
	Agomelatine (Valdoxan)							
TCA	Clomipramine (Anafranil)							
	Imipramine (Tofranil)							
	Amitriptyline (Elavil)							
	Desipramine (Noripramin)							
	Nortriptyline (Pamelor)							
	Trimipramine (Surmontil)							
	Amoxapine (Asendin)							
	Maprotiline (Ludiomil)							
	Doxepin (Sinequan)							
	Protriptyline (Vivactil)							
MAOI	Phenelzine (Nardil)							
	Tranylcypromine (Parnate)							
	Isocarboxazid (Marplan)							
	Selegiline (Emsam patch)							

	Medication	Ever taken?	Last taken? (month/year)	Taken as directed for >6 weeks?	Highest dose/level	Did it help?		Side effects? What?
						Yes	No	
Antipsychotics	Aripiprazole (Abilify)							
	Quetiapine (Seroquel)							
	Olanzapine (Zyprexa)							
	Risperidone (Risperdal)							
	Paliperidone (Invega)							
	Ziprasidone (Geodon)							
	Clozapine (Clozaril)							
	Asanapine (Saphris)							
	Lurasidone (Latuda)							
	Haloperidol (Haldol)							
	Thioridazine (Mellaril)							
	Chlorpromazine-Thorazine							
	Perphenazine (Trilafon)							
Trifluoperazine (Stelazine)								
Stabilizers	Lithium salts (Lithium)							
	Valproic acid / Depakote							
	Lamotrigine (Lamictal)							
	Carbamazepine (Tegretol)							
	Oxcarbazepine (Trileptal)							
Stimulants	Amphetamines (Adderall)							
	Dexamphetamine -Dexdrine							
	Dexmethylphenidate-Focalin							
	Lisdexamfetamine-Vyvanse							
	Ritalin/concerta							
	Modafinil (Provigil)							
	Armodafinil (Nuvigil)							
Atomoxetine (Strattera)								
Other Agents	Buspiron (Buspar)							
	Liothyronine (Cytomel)							
	Gabapentin (Neurontin)							
	Pramipexole (Mirapex)							
	Omega 3 (Fish oil)							
	Methylfolate (Deplin)							
Folate – Folic acid								

	Testosterone/AndroGel							
	Estrogen							
	Medication	Ever taken?	Last taken? (month/year)	Taken as directed for >6 weeks?	Highest dose/level	Did it help?		Side effects? What?
					Yes	No		
	Topiramate (Topomax)							
	SAMe							
	Roprinole (Requip)							
	Inositol							
	Varenicline (Chantix)							
Benzodiazepines	Clonazepam (Klonopin)							
	Alprazolam (Xanax)							
	Lorazepam (Ativan)							
	Diazepam (Valium)							
	Temazepam (Restoril)							
	Oxazepam (Serax)							
	Chlordiazepoxide (Librium)							

Treatment	Ever received?	Last received/used? (month/year)	Type of stimulation		# of sessions			Did it help?		Side effects? What??
			1 side	2 sides	<6	6-12	>12	Yes	No	
ECT										
TMS										
t-DCS										
VNS										
DBS										
Ketamine infusion										
S-Ketamine intranasal										
Light therapy										
Psychotherapy (CBT)										
Psychotherapy (DBT)										
Psychotherapy (Other)										

Source: University of Pennsylvania, School of Medicine. Developed by Mario A. Cristancho, MD, and John O'Reardon, MD