

Recommended Bowel Regimen

For all patients: Start docusate/sennosides 2 tabs BID standing

If ineffective...

Increase to docusate/sennosides 3 tabs BID standing

If ineffective...

Add polyethylene glycol 17 g (1 capful or packet) dissolved in liquid, daily

If ineffective...

Add magnesium-based laxative as needed:

- Magnesium citrate solution 5–10 oz daily
- Magnesium hydroxide (milk of magnesia) 30–60 mL daily

If ineffective...

Suppository if needed:

- Bisacodyl suppository (“magic bullet”), 10 mg rectally QD PRN
- Glycerin suppository, 2 g rectally QD PRN