

[Date]

[Your name and contact information]



Re: [Patient Name]

To Whom It May Concern:

This letter is regarding [patient name and date of birth], who has been under my care at [clinic name] since [date]. I have been treating them for opioid use disorder [list other conditions you are treating] with the medication [buprenorphine, methadone, or IM naltrexone]. This medication is sometimes known as Medication Assisted Treatment (MAT).

Their treatment plan also includes: [list all treatment components including appointment frequency, psychotherapy, group therapy, and other medications]. Their progress will be measured by attendance at medical and therapy appointments, as well as their ability to abstain from using substances as determined by urine drug screening [specify interval].

I strongly recommend the continued use of [buprenorphine, methadone, or IM naltrexone]. Research clearly shows that this FDA-approved medication, and others like it, are essential components of the effective treatment of opioid use disorder. Despite misconceptions, these medications do not “substitute on addiction for another”. Stopping the medication would put them at high risk of returning to opioid use and potential overdose.

In terms of progress, [patient name] has attended medical appointments with me on [list dates] and therapy appointments on [list dates]. Results of urine drug screening at these appointments have been [list drug screen results here].

In summary, my medical recommendation is that [patient name] continue taking [medication], attend regular appointments and therapy sessions [specify frequency], and have their progress monitored by urine drug screening. Please do not hesitate to contact me with any questions or concerns.

Sincerely,

[Your name and full credentials]

Use company or clinic letterhead

MAT is a commonly used acronym

The goal is to outline a comprehensive treatment plan, beyond just medications

Advocate for MOUD, which some courts may discourage. Consider addressing common misconceptions at the outset.

If this is not your initial letter to the court, provide an update with your patient’s progress. Include other relevant clinical details if indicated.

Provide “wet” ink signature