

## A CARLAT PSYCHIATRY REFERENCE TABLE

Standard Workup for Secondary Mania in Older Adults	
Etiology	Examples
Endocrine and metabolic abnormalities	<ul style="list-style-type: none"><li>• CBC</li><li>• CMP</li><li>• TSH</li><li>• Vitamin B<sub>12</sub></li></ul>
Medications, alcohol, or drug use	<ul style="list-style-type: none"><li>• Blood alcohol level</li><li>• Urine toxicology</li></ul>
Neurologic and neurodegenerative	<ul style="list-style-type: none"><li>• CT</li><li>• EEG</li><li>• MRI</li></ul>
Infections	HIV and syphilis screens
Cardiovascular	ECG

From the Article:

**“Mania in Older Adults”**

by **Julia Cromwell, PhD**

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