

**A CARLAT PSYCHIATRY
REFERENCE TABLE**

Psychiatric Medications with Strong Anticholinergic Activity	
Antidepressants	<ul style="list-style-type: none"> • Amitriptyline • Amoxapine • Clomipramine • Desipramine • Doxepin (>6mg) • Imipramine • Nortriptyline
Antiemetics	<ul style="list-style-type: none"> • Prochlorperazine • Promethazine
Antihistamines (first generation)	<ul style="list-style-type: none"> • Brompheniramine (OTC products like Dimentane, Dimetapp, many others) • Chlorpheniramine (OTC products like Chlor-Trimeton, many others) • Cyproheptadine • Dimenhydrinate (OTC Dramamine, others) • Diphenhydramine (oral) • Doxylamine (OTC Unisom, Others) • Hydroxyzine • Meclizine • Dicyclomine
Antimuscarinics (urinary incontinence)	<ul style="list-style-type: none"> • Oxybutynin • Tolterodine
Antiparkinsonian Agents	<ul style="list-style-type: none"> • Benztropine • Trihexyphenidyl
Antipsychotics	<ul style="list-style-type: none"> • Chlorpromazine • Clozapine • Loxapine • Olanzapine • Perphenazine • Thioridazine • Trifluoperazine
Skeletal Muscle Relaxants	<ul style="list-style-type: none"> • Cyclobenzaprine • Orphenadrine

Source: 2023 American Geriatrics Society Beers Criteria Update Expert Panel. American Geriatrics Society 2023 updated AGS Beers Criteria for potentially inappropriate medication use in older adults. J Am Geriatr Soc 2023;71(7):2052–2081

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 by **Jose Antonio Ribas Roca, MD**
 and **Carolyn TK Tran, PhD, DNP, APRN, GNP-BC, PMHNP-BC**
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