

T21 Resources for Parents and Providers

Resource	Description
Bull MJ, <i>New Eng J Med</i> 2020;382(24):2344–2352.	Best practices at successive developmental stages for co-occurring conditions
Center for Disease Control and Prevention: Facts about Down Syndrome	<ul style="list-style-type: none"> • Factsheet with lists of resources • https://tinyurl.com/558kcfk5
Down Syndrome Diagnosis Network	<ul style="list-style-type: none"> • Support community for parents, also offers resources for clinicians • www.dsdiagnosisnetwork.org
Genetics Home Reference: Down Syndrome	<ul style="list-style-type: none"> • Reference factsheets from MedlinePlus • https://tinyurl.com/5f345r8u
Jack's Basket	<ul style="list-style-type: none"> • Support community for parents, also offers resources for clinicians • https://jacksbasket.org
Kids Health: Down Syndrome	<ul style="list-style-type: none"> • Offers factsheets designed for parents • https://kidshealth.org/en/parents/down-syndrome.html
Mental Wellness in Adults with Down Syndrome: A Guide to Emotional Strengths and Challenges, 2nd Ed. (McGuire D and Chicoine B, 2021)	<ul style="list-style-type: none"> • Though “adults” is in the title, the guidance in this free e-book is timely for parents and providers for children • E-book available at Advocate Medical Group: Adult Down Syndrome Center: http://tinyurl.com/j95r2w66
National Association for Down Syndrome	<ul style="list-style-type: none"> • National organization offering parent support, resource referrals, self-advocacy programs, workshops and seminars • www.nads.org
National Down Syndrome Congress	<ul style="list-style-type: none"> • National organization providing support and information for patients, families, and community members, offers educational programs such as webinars and conventions • www.ndscenter.org
National Down Syndrome Society	<ul style="list-style-type: none"> • Offers resources and support for patients and their families through programs and conferences, advocacy, and community engagement efforts • Mental health: https://ndss.org/resources/mental-health-down-syndrome

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