

**A CARLAT PSYCHIATRY
REFERENCE TABLE**

| Additional Assessments for Symptoms of Failure to Thrive | |
|-----------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Condition | Assessment Tool |
| Cognition | Administer the MoCA (Montreal Cognitive Assessment) |
| Depression | Geriatric Depression Rating Scale (GDS) (https://tinyurl.com/4uzd83nc) |
| Functional Ability | Evaluate ADL and iADL (https://tinyurl.com/dmye82a6 ; https://tinyurl.com/4bujpbcm) |
| Medications | Review prescribed medications and supplements |
| Medical Illness | <ul style="list-style-type: none"> • CBC, CMP, lipids, TSH, UA, albumin, total cholesterol • Patient may need medical admission and additional testing based on individual history (eg, blood culture of CXR if concerned for infection, further imaging studies if concerned for malignancy) |
| Nutritional Assessment | <ul style="list-style-type: none"> • Mini-Nutritional Assessment (https://tinyurl.com/yc3cdb6h) • Ask about daily food intake/frequency • How meals are prepared • Oral pathology (eg, ill-fitting dentures, problems with swallowing) |
| Physical Mobility | Use the "Up & Go Test"* (https://tinyurl.com/2shyt8a) |
| Psychosocial Stressors | <ul style="list-style-type: none"> • Review living situation, social networks, family support, financial resources, recent losses • Assess for abuse and neglect |
| Substance use | Screen for substance use |

*The patient rises from a sitting position, walks 10 feet, turns, then returns to the chair to sit. Patients who complete the test in 20 seconds are largely independent but taking more than 30 seconds signifies increased dependence and higher risk for falls (Robertson et al, 2004).

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